

Soul Detox: The Tortured Soul

1 Peter 2:11

- WE ARE NOT A BODY WITH A SOUL.
- WE ARE A SOUL WITH A BODY.

THE TORTURED SOUL

What Tortures our Soul?

❶ **WE'RE TORTURED BY THINGS WE'VE DONE.**

(Psalm 38:3b-4)

❷ **WE'RE TORTURED BY LIES WE BELIEVE.**

(John 8:44-45)

FROM TORTURED TO FREE

Tell your soul...

❶ **IT'S BETTER TO CONFESS YOUR SINS THAN HIDE YOUR SINS.** (Proverbs 28:13, 1 John 1:9, James 5:16)

❷ **CHRIST WILL SET YOU FREE.**

(1 Corinthians 10:13-14, 1 Peter 2:24-25)

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